

RCIL Main Street Crisis Intervention Program



*Supporting At-Risk Youth and Young Adults
(up to age 22) with Disabilities*

***The Main Street Program offers personalized programming for
those who may need support around making positive choices.***

For more information, please contact us:

Resource Center for Independent Living (RCIL)

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Office Hours: Monday – Friday, 8:30AM – 4:30PM

After Hours Emergency On-Call Available for Families

Working with the Main Street Program

After Hours Emergency Hotline: 315-271-4796

Serving Herkimer, Madison and Oneida Counties

Funding provided by Family Support Services

Who is the Main Street Program for?

Main Street staff members work with youth and young adults (up to age 22) who are eligible to receive services through the Office for People with Developmental Disabilities (OPWDD) and who:

- may need assistance with increasing pro-social behaviors and/or developing skills to help with managing crisis situations;
- may be experiencing low self-esteem or an overall lack of motivation;
- are at-risk of involvement, or have had previous involvement, with the juvenile justice system;
- are at-risk of becoming homeless or have been homeless; or
- are at-risk of dropping out of school or have been expelled.

How Does it Work?

- Main Street staff members work with the program participant to complete a risk assessment to help identify their own specific needs and goals.
- Main Street staff members work with the program participant and their families to develop an individualized support service plan that incorporates the strengths and unique challenges of each family.
- Program participants and their families identify and develop strategies that will help them create stability and reduce the risk of future crisis.
- Services can be offered in the family's home or another agreed-upon location in the community.

Main Street Staff Members:

- provide crisis response and intervention services and will often become a "go to" person for a youth or young adult who is facing a crisis;
- meet regularly with program participants and are available by phone or in-person, as needed; and
- provide guidance and support for the family members of the program participant.

What Are the Goals?

- For program participants to gain knowledge and develop skills that may help them make positive choices and reduce disruptive behaviors.
- To prevent involvement with the Juvenile Justice System.
- To help keep families together and functioning well by empowering the youth or young adult and their family members to make decisions about what is the best plan for them.